

## **Stamford Junior Wrestling Comes to Cloonan**

The Stamford Junior Wrestling Club (SJWC) is excited to offer wrestling at all five Stamford Public Middle Schools, beginning in January 2012. **Practices will be held in the Cloonan Class Room #219 after school from Tuesday, January 3<sup>rd</sup> until Tuesday, February 28<sup>th</sup>, on Monday, Tuesday and Thursdays.** Practice will start when school gets out and end in time for the late buses for those students eligible to ride the bus. Cloonan students will wrestle other Stamford Middle Schools in scheduled matches.

We are currently scheduling in-school sign ups, but in the meantime please visit the website at [www.stamfordwrestling.com](http://www.stamfordwrestling.com) , "Middle School Teams" page, for more information as well as to print out the required registration forms.

The SJWC has a rich tradition, great coaches and has been running a fun and successful program in town for the last 20 years and is now expanding and offering wrestling as an after-school activity in all Stamford Middle Schools. Wrestling is a sport that instills a lifelong dedication to fitness and proper nutrition as well as imparts the necessary lifetime skills of confidence, character and courage. Please check our website intermittently for updated and detailed information and if you have any questions you can e-mail us at [stamfordwrestling@gmail.com](mailto:stamfordwrestling@gmail.com). Don't miss this great opportunity!